



David S. Shields, M.D.
Gastroenterology | 650-324-1020

DOUBLE BALLOON ENTEROSCOPY ORAL APPROACH

You are scheduled to have a **Double Balloon Enteroscopy**. Dr. David Shields will perform this procedure on ____/____/____ at ____ AM/PM at El Camino Hospital, located at 2500 Grant Road Mountain View, CA 94040.

Please arrive 2 hours prior to your scheduled appointment to register.

Please notify Dr. Shields' office staff within 72 business hours (Mon-Thurs 8:30am-5:00pm, Fri. 8:00am-4:30pm) in advance of your scheduled appointment should you need to cancel or reschedule. If you cancel or reschedule your appointment after the 72 hour window you may be charged for the time you reserved. Please contact our office if you have any questions or need to re-schedule your procedure at (650) 324-1020.

Double Balloon Enteroscopy:

Double Balloon Enteroscopy is a state-of-the-art method for visual examination of the small intestine, using a lighted, flexible video endoscope. You will be sedated with medication and your throat will be anesthetized with a spray. A small flexible tube will be gently passed down your throat and into your stomach, extending to your small intestine which will be carefully examined.

Five (5) Days before procedure:

STOP taking iron, aspirin, aspirin like products or any other blood thinning medications. These medications may include: Heparin, Coumadin, Plavix, Aspirin and Percodan. You MUST stop any non-steroidal and anti-inflammatory type drugs including: Empirin, Ecotrin, Bufferin, Ascription, Ibuprofen, Motrin, Advil, Medipren, Nuprin, Naproxen, Sulindac, Clinoril, Piroxicam, Feldene, Indomethacin, Indocin, Diclofenac and Voltaren.

- Stop high doses of Vitamin C & E, fish oil or herbal medications.
- Tylenol and other brands which contain ACEMINOPHEN are safe to use prior to this procedure.

One (1) Day before procedure:

Do not eat any solid food after midnight, the night before the procedure.

Day of procedure:

Nothing to eat or drink at least 8 hours before the procedure.

Afterward:

You must have a ride available to take you home. You may not drive yourself or take public transportation. Arrange for transportation or your appointment will be re-scheduled.